MICHAEL CALKINS 8214 SW 13th St N Lauderdale, FL 33068 USA



### DEPARTMENT OF VETERANS AFFAIRS

Board of Veterans' Appeals Washington, DC

Date: May 2, 2019

SS

MICHAEL CALKINS 8214 SW 13th St N Lauderdale, FL 33068 USA

Dear Appellant:

A Veterans Law Judge at the Board of Veterans' Appeals made a decision on your appeal.

If you're satisfied with the decision, you don't have to do anything.

### What's in the Board decision?

Your Board decision tells you which issue(s) were decided in your appeal. It explains the evidence, laws, and regulations the Veterans Law Judge considered when making their decision and identifies any findings that are favorable to you.

If your decision letter includes a "Remand" section, this means the judge is sending one or more issues in your appeal to your local VA office to correct an error the judge identified while reviewing your case. If an issue is remanded, it hasn't been decided and it can't be appealed yet. You'll receive a decision from the local VA office after they review the issue again.

### What if I disagree with the decision?

If you disagree with the judge's decision, you can continue your appeal. See the letter included after your Board decision to learn more about the decision review options available to you.

### What if I have questions?

If you have any questions or would like more information, please contact your representative (if you have one) or visit <u>va.gov/decision-reviews/get-help</u>. To track the status of your appeal, visit va.gov/claim-or-appeal-status/.

Sincerely yours,

K. Osborne

Deputy Vice Chairman

Enclosures (2)

CC: CAROL J PONTON, Attorney

CAROL J PONTON, Attorney Carol J Ponton Hill & Ponton, PA P.O. Box 449 Deland, FL 32721 USA



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# OF VETER SO

### **BOARD OF VETERANS' APPEALS**

#### DEPARTMENT OF VETERANS AFFAIRS

IN THE APPEAL OF
MICHAEL CALKINS
REPRESENTED BY
CAROL J PONTON, Attorney

DATE: May 2, 2019

### **ORDER**

An effective date earlier than October 11, 2013 for the grant of service connection for posttraumatic stress disorder (PTSD) is denied.

An initial compensable rating for bilateral hearing loss is denied.

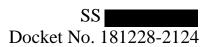
An initial rating higher than 10 percent for tinnitus is denied.

An initial 50 percent rating for posttraumatic stress disorder (PTSD) prior to March 8, 2017 is granted; from that date, a 70 percent rating, but no higher, is granted.

#### REMANDED

Entitlement to a total disability rating based on individual unemployability (TDIU) prior to March 18, 2017 is remanded.

An effective date earlier than March 18, 2017 for the basic grant of eligibility to Dependents' Educational Assistance under 38 U.S.C. Chapter 35 (DEA benefits) is remanded.

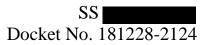


### FINDINGS OF FACT

- 1. The Veteran first filed a claim for service connection for PTSD on October 11, 2013.
- 2. Bilateral hearing loss was manifested by level I hearing in both ears.
- 3. The Veteran is assigned the maximum schedular rating for tinnitus.
- 4. Prior to March 8, 2017, PTSD was manifested by feelings of worthlessness, reduced attention and concentration, and mood disturbances; from that date, it was manifested by suicidal ideation and a near-continuous panic or depression.

### **CONCLUSIONS OF LAW**

- 1. The criteria for an effective date earlier than October 11, 2013 for the grant of service connection for PTSD have not been met. 38 U.S.C. § 5110; 38 C.F.R. § 3.400.
- 2. The criteria for an initial compensable rating for bilateral hearing loss have not been met. 38 U.S.C. §§ 1155, 5103; 38 C.F.R. §§ 3.321, 4.1, 4.85, Diagnostic Code 6100.
- 3. The criteria for an initial rating higher than 10 percent for tinnitus have not been met. 38 U.S.C. §§ 1155, 5103; 38 C.F.R. §§ 3.321, 4.1, 4.87, Diagnostic Code 6260.
- 4. The criteria for an initial 50 percent rating for PTSD prior to March 8, 2017 have been met; from that date, the criteria for a 70 percent rating, but not higher, have been met. 38 U.S.C. §§ 1155, 5103; 38 C.F.R. §§ 3.321, 4.1, 4.2, 4.7, 4.130, Diagnostic Code 9411.



### REASONS AND BASES FOR FINDINGS AND CONCLUSIONS

The Veteran had active service in the U.S. Army from September 1967 to May 1969. This matter comes before the Board of Veterans' Appeals (Board) on appeal from an October 2014 rating decision. In May 2018, the Veteran elected the modernized review system. 84 Fed. Reg. 138, 177 (Jan. 18, 2019) (to be codified at 38 C.F.R. § 19.2(d)). He received a new rating decision in December 2018. That same month, he requested direct review by the Board of the evidence considered by the Agency of Original Jurisdiction (AOJ).

### 1. An effective date earlier than October 11, 2013 for the grant of service connection for PTSD

Section 5110(a), Title 38, United States Code, provides that "[u]nless specifically provided otherwise in this chapter, the effective date of an award based on an original claim... of compensation... shall be fixed in accordance with the facts found, but shall not be earlier than the date of receipt of application therefor." The implementing regulation, 38 C.F.R. § 3.400, similarly states that the effective date of service connection "will be the date of receipt of the claim or the date entitlement arose, whichever is the later."

A review of the file shows that the Veteran filed his first claims for service connection, including for PTSD, on October 11, 2013. His claims file contains documents related to educational benefits prior to that date but nothing is related to service connection or other disability compensation. As a result, the October 2014 rating decision which granted service connection for PTSD correctly assigned October 11, 2013, the date the claim was received, as the effective date.

The only contention raised by the record regarding this issue is evidence showing that the Veteran had PTSD prior to October 11, 2013. However, the effective date of an award of service connection is not based upon the date of the earliest medical evidence, such as a diagnosis, which establishes entitlement, but instead on the date that the application upon which service connection was eventually awarded was filed with VA. *Lalonde v. West*, 12 Vet. App. 377 (1999).

### 2. An initial compensable rating for bilateral hearing loss

Evaluations of defective hearing range from 0 to 100 percent. This is based on impairment of hearing acuity as measured by the results of Maryland CNC controlled speech discrimination tests, together with the average hearing threshold level as measured by pure tone audiometric tests in the frequencies of 1000, 2000, 3000, and 4000 Hertz. To evaluate the degree of disability from service-connected hearing loss, the rating schedule establishes eleven auditory acuity levels ranging from numeric level I for essentially normal acuity, through numeric level XI for profound deafness. 38 C.F.R. § 4.85, Tables VI and VII, Diagnostic Code 6100.

Table VI in 38 C.F.R. § 4.85 is used to determine the numeric designation of hearing impairment based on the pure tone threshold average from the speech audiometry test and the results of the Maryland CNC speech discrimination test. The vertical lines in Table VI represent nine categories of the percentage of discrimination based on the controlled speech discrimination test. The horizontal columns in Table VI represent nine categories of decibel loss based on the pure tone audiometry test. The numeric designation of impaired hearing (Levels I through XI) is determined for each ear by intersecting the vertical row corresponding to the percentage of discrimination and the horizontal column corresponding to the pure tone decibel loss.

The percentage evaluation is derived from Table VII in 38 C.F.R. § 4.85 by intersecting the vertical column corresponding to the numeric designation for the ear having the better hearing acuity and the horizontal row corresponding to the numeric designation level for the ear having the poorer hearing acuity.

Private treatment records dated November 2013 include hearing tests. Pure tone thresholds, in decibels, were as follows:

	HERTZ				
	1000	2000	3000	4000	Average
RIGHT	30	25	25	50	33
LEFT	30	30	50	75	46

Speech audiometry revealed speech recognition ability of 100 percent in both the right ear and left ear. These records do not specify whether the Maryland CNC speech test was used. Assuming it was, these findings correspond to a hearing levels of I in both ears. Under Table VII, this results in a 0 percent rating for hearing loss.

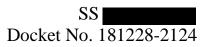
The Veteran underwent a VA examination in October 2014. Pure tone thresholds, in decibels, were as follows:

	HERTZ				
	1000	2000	3000	4000	Average
RIGHT	30	30	35	55	38
LEFT	30	35	50	75	48

Speech audiometry revealed speech recognition ability of 96 percent in both the right ear and left ear. Again, this corresponds to hearing levels of I in both ears and a 0 percent rating under Table VII.

Finally, another VA examination was conducted in April 2017. Pure tone thresholds, in decibels, were as follows:

	HERTZ				
	1000	2000	3000	4000	Average
RIGHT	30	35	40	65	43
LEFT	25	35	50	75	46



Speech audiometry revealed speech recognition ability of 98 percent in both the right ear and left ear. Again, this corresponds to hearing levels of I in both ears and a 0 percent rating under Table VII.

The Board has considered the effects of the Veteran's hearing loss on his daily life. For example, during the October 2014 VA examination, he reported that he had to ask people to repeat themselves all the time. However, functional effects such as difficulty understanding speech are inherent in the rating criteria for hearing loss. *Doucette v. Shulkin*, 28 Vet. App. 366 (2017). Ratings for disability compensation for hearing loss are otherwise determined by the mechanical, meaning nondiscretionary, application of the criteria. *Lendenmann v. Principi*, 3 Vet. App. 345, 349 (1992). Therefore, an initial compensable rating is not warranted.

### 3. An initial rating higher than 10 percent for tinnitus

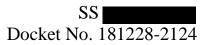
Tinnitus is rated under 38 C.F.R. § 4.87, Diagnostic Code 6260. The maximum schedular rating for tinnitus is 10 percent. In an October 2014 statement, the Veteran argued that he should be assigned separate ratings for tinnitus in each ear. However, the 10 percent rating under Diagnostic Code 6260 is applicable regardless of whether tinnitus is unilateral (one ear) or bilateral (both ears). *Smith v. Nicholson*, 451 F.3d 1344 (Fed. Cir. 2006).

Neither the Veteran nor his representative have put forth any other argument for why a rating higher than 10 percent for tinnitus would be appropriate.

## 4. An initial rating higher than 30 percent for PTSD prior to March 18, 2017, and a rating higher than 70 percent thereafter

PTSD is rated under the General Rating Formula for Mental Disorders found in 38 C.F.R. § 4.130.

A 30 percent rating is assigned when symptoms such as depressed mood, anxiety, suspiciousness, panic attacks (weekly or less often), chronic sleep impairment, or mild memory loss (such as forgetting names, directions, or recent events), cause occupational and social impairment with occasional decrease in work efficiency



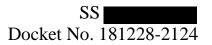
and intermittent periods of inability to perform occupational tasks (although generally functioning satisfactorily, with routine behavior, self-care, and normal conversation).

A 50 percent rating is assigned when symptoms such as flattened affect; circumstantial, circumlocutory, or stereotyped speech; panic attacks more than once a week; difficulty in understanding complex commands; impairment of short and long-term memory (e.g., retention of only highly learned material, forgetting to complete tasks); impaired judgment; impaired abstract thinking; disturbances of motivation and mood; or difficulty in establishing and maintaining effective work and social relationships cause occupational and social impairment with reduced reliability and productivity.

A 70 percent rating is assigned when symptoms such as suicidal ideation; obsessional rituals which interfere with routine activities; intermittently illogical, obscure, or irrelevant speech; near-continuous panic or depression affecting the ability to function independently, appropriately and effectively; impaired impulse control (such as unprovoked irritability with periods of violence); spatial disorientation; neglect of personal appearance and hygiene; difficulty in adapting to stressful circumstances (including work or a worklike setting); or inability to establish and maintain effective relationships cause occupational and social impairment with deficiencies in most areas, such as work, school, family relations, judgment, thinking, or mood.

A 100 percent rating is assigned when symptoms such as gross impairment in thought processes or communication; persistent delusions or hallucinations; grossly inappropriate behavior; persistent danger of hurting self or others; intermittent inability to perform activities of daily living (including maintenance of minimal personal hygiene); disorientation to time or place; or memory loss for names of close relatives, own occupation or own name cause total occupational and social impairment.

From March 18, 2017, the Veteran was assigned a 70 percent rating. The Board finds that the 70 percent rating should be effective from March 8, 2017, because



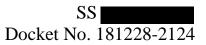
lay statements submitted by the Veteran on that date show reports of suicidal ideation consistent with the higher rating.

Prior to March 8, 2017, a 50 percent rating is warranted. An October 2013 private examination and October 2014 VA examination show that the Veteran's PTSD disorder was manifested by symptoms associated with a 50 percent rating, including feelings of worthlessness, reduced attention and concentration and mood disturbances. Some documented symptoms could be associated with a 70 percent rating, such as throwing items and recurrent thoughts of death.

The Board finds the severity, frequency, and duration of the Veteran's symptoms more closely approximate the symptoms contemplated by a 50 percent rating, which are less severe, less frequent, and shorter in duration than those contemplated by a 70 percent rating. For example, the Board notes that the Veteran expressed recurrent thoughts of death, which is similar to suicidal ideation, which is contemplated by the 70 percent criteria. *Bankhead v. Shulkin*, 29 Vet. App. 10 (2017). However, the severity, frequency, and duration of the Veteran's thoughts did not rise to the level contemplated by the 70 percent disability rating. Suicidal ideation is a veteran's thoughts of his or her own death or thoughts of engaging in suicide-related behavior. During the October 2013 VA examination, the Veteran reported current thoughts of death but denied suicidal ideation. He again denied suicidal ideation during the October 2014 VA examination. Therefore, his thoughts of death do not rise to the level contemplated by the 70 percent rating.

Similarly, his report of throwing items could be consistent with the "periods of violence" criterion for the 70 percent rating. However, given that the all of the other documented symptoms (depressed mood, sleep impairment, intrusive thoughts, poor concentration, etc.) are all consistent with no more than a 50 percent rating, the Board finds that throwing items, alone, would not warrant a higher 70 percent rating. Notably, this symptom was not reported during the October 2014 VA examination.

The Board also finds the level of impairment caused by the Veteran's symptoms more closely approximates the level associated with a 50 percent rating. The VA and private examinations document that the Veteran had a "solid" marriage and

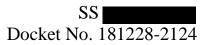


"excellent" relationship with his children. He also maintained some close friends. Collectively, these findings are not consistent with the inability to maintain effective relationships contemplated by the 70 percent rating.

From March 8, 2017, a rating higher than 70 percent is not warranted. A March 2017 private examination, April 2017 VA examination, and the Veteran's lay statements from this period show that his PTSD was manifested by symptoms specifically associated with a 70 percent rating, including suicidal ideation and a near-continuous panic or depression. He also had symptoms that are not listed with a specific rating, such as easy startling. Many of his documented symptoms, including trouble sleeping, difficulty with concentration, mild memory loss and depressed mood are associated with the criteria for 30 or 50 percent ratings. Symptoms found in the criteria for the 100 percent rating, such as persistent delusions, an inability to perform activities of daily living, inability to maintain basic hygiene, or gross impairment in thought process or behavior have not been demonstrated.

The Board finds the severity, frequency, and duration of the Veteran's symptoms more closely approximate the symptoms contemplated by a 70 percent rating, which are less severe, less frequent, and shorter in duration than those contemplated by a 100 percent rating. For example, the Board notes that the Veteran expressed suicidal ideation, which is similar to persistent danger of self-harm, which is contemplated by the 100 percent criteria. *See Bankhead*, *supra*. However, the severity, frequency, and duration of the Veteran's suicidal ideation has not risen to the level contemplated by the 100 percent disability rating. In a March 2017 statement, the Veteran reported experiencing suicidal ideation "at times." The March 2017 private examination noted that the Veteran's PHQ-9 score was reflective of severe depression, which typically includes feelings that you would be better off dead, though the examination did not specifically document that the Veteran reported such feelings. During his April 2017 VA examination, he denied suicidal ideation. Therefore, the frequency and duration of his ideation is consistent with the 70 percent rating.

Finally, during his March 2017 private examination, the Veteran wife stated that he still associated with people he felt comfortable around. During the VA examination, reported still having several close friends, a good relationship with



his daughter, and speaking at an elementary school once a year. This shows that he does not have total social impairment as contemplated by the 100 percent rating.

#### **REASONS FOR REMAND**

### 1. Entitlement to a TDIU prior to March 18, 2017

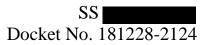
The Veteran was employed with the U.S. Postal Service for 14 years, from approximately 1996 to 2010. He indicated that he was unable to continue working there due to his PTSD. VA sent letters dated January 2017 and April 2017 to the U.S. Postal Service requesting records related to the Veteran's employment. An April 2017 letter was also sent to U.S. Office of Personnel Management. To date, there does not appear to have been any response. A remand is required to allow VA to comply with the requirements for obtaining these federal records.

## 2. An effective date earlier than March 18, 2017 for the basic grant of eligibility to DEA benefits

The effective date for the Veteran's eligibility for DEA benefits is based on the date of his TDIU. Because a decision on the remanded issue of entitlement to a TDIU prior to March 18, 2017 could significantly impact a decision on his DEA benefits claim, the issues are inextricably intertwined. A remand of the claim for DEA benefits is therefore required.

The matters are REMANDED for the following action:

- 1. Obtain the Veteran's federal records from the U.S. Postal Service and/or the U.S. Office of Personnel Management. Document all requests for information as well as all responses in the claims file.
- 2. After the above development, and any additionally indicated development, has been completed, readjudicate the TDIU issue on appeal, including the inextricably intertwined issue of an earlier effective date for DEA



benefits. If the benefits sought is not granted to the Veteran's satisfaction, send the Veteran and his representative a Supplemental Statement of the Case and provide an opportunity to respond. If necessary, return the case to the Board for further appellate review.

JOHN Z. JONES

Veterans Law Judge Board of Veterans' Appeals

ATTORNEY FOR THE BOARD

Shamil Patel, Counsel

### If you disagree with VA's decision

**Choose one of the following review options** to continue your case. If you aren't satisfied with that review, you can try another option. Submit your request before the indicated deadline in order to receive the maximum benefit if your case is granted.

Review	Supplemental Claim	Higher-Level Review Not Available	Board Appeal Not Available	Court Appeal	
option	Add new and relevant evidence	Ask for a new look from a senior reviewer	Appeal to a Veterans Law Judge	Appeal to Court of Appeals for Veterans Claims	
Who and what	A reviewer will determine whether the new evidence changes the decision.	Because your appeal was decided by a Veterans Law Judge, you cannot request a Higher-Level Review.	You cannot request two Board Appeals in a row.	The U.S. Court of Appeals for Veterans Claims will review the Board's decision. You can hire an attorney to represent you, or you	
Estimated time for decision	About 4-5 months	lease choose a different option for our next review.	Please choose a different option for your next review.	can represent yourself.  Find more information at the  Court's website: uscourts.cavc.gov	
Evidence	You must submit evidence that VA didn't have before that supports your case.				
Discuss your case with VA					
Request this option	Submit VA Form 20-0995 Decision Review Request: Supplemental Claim VA.gov/decision-reviews			File a Notice of Appeal uscourts.cavc.gov  Note: A Court Appeal must be filed with the Court, not with VA.	
Deadline	You have <b>1 year</b> from the date on your VA decision to submit VA Form 20-0995.			You have <b>120 days</b> from date on your VA decision to file a Court Appeal.	
How can I get help?	<del>-</del>	accredited attorney or agent can represen For more information, you can call the WI	· · ·	al VA office for assistance or	

#### What is new and relevant evidence?

In order to request a Supplemental Claim, you must add evidence that is both new and relevant. New evidence is information that VA did not have before the last decision. Relevant evidence is information that could prove or disprove something about your case.

VA cannot accept your Supplemental Claim without new and relevant evidence. In addition to submitting the evidence yourself, you can identify evidence, like medical records, that VA should obtain.

#### What is the Duty to Assist?

The Duty to Assist means VA must assist you in obtaining evidence, such as medical records, that is needed to support your case. VA's Duty to Assist applied during your initial claim, and it also applies if you request a Supplemental Claim.

If you request a Higher-Level Review or Board Appeal, the Duty to Assist does not apply. However, the reviewer or judge will look at whether VA met its Duty to Assist when it applied, and if not, have VA correct that error by obtaining records or scheduling a new exam. Your review may take longer if this is needed.

### What if I want to file a Court Appeal, but I'm on active duty?

If you are unable to file a Notice of Appeal due to active military service, like a combat deployment, the Court of Appeals for Veterans Claims may grant additional time to file. The 120-day deadline would start or resume 90 days after you leave active duty. Please seek guidance from a qualified representative if this may apply to you.

#### What if I miss the deadline?

Submitting your request on time will ensure that you receive the maximum benefit if your case is granted. Please check the deadline for each review option and submit your request before that date.

If the deadline has passed, you can either:

- Add new and relevant evidence and request a Supplemental Claim. Because the deadline has passed, the effective date for benefits will generally be tied to the date VA receives the new request, not the date VA received your initial claim. Or,
- File a motion to the Board of Veterans' Appeals.

What if I want to get a copy of the evidence used in making this decision? Call 1-800-827-1000 or write a letter stating what you would like to obtain to the address listed on this page.

#### Motions to the Board

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Please consider the review options available to you if you disagree with the decision. In addition to those options, there are three types of motions that you can file with the Board to address errors in the decision. Please seek guidance from a qualified representative to assist you in understanding these motions.

#### Motion to Vacate

You can file a motion asking the Board to vacate, or set aside, all or part of the decision because of a procedural error. Examples include if you requested a hearing but did not receive one or if your decision incorrectly identified your representative. You will need to write a letter stating how you were denied due process of law. If you file this motion within 120 days of the date on your decision letter, you will have another 120 days from the date the Board decides the motion to appeal to the Court of Appeals for Veterans Claims.

#### **Motion to Reconsider**

You can file a motion asking the Board to reconsider all or part of the decision because of an obvious error of effect or law. An example is if the Board failed to recognize a recently established presumptive condition. You will need to write a letter stating specific errors the Board made. If the decision contained more than one issue, please identify the issue or issues you want reconsidered. If you file this motion within 120 days of the date on your decision letter, you will have another 120 days from the date the Board decides the motion to appeal to the Court of Appeals for Veterans Claims.

#### Motion for Revision of Decision based on Clear and Unmistakable Error

Your decision becomes final after 120 days. Under certain limited conditions, VA can revise a decision that has become final. You will need to send a letter to VA requesting that they revise the decision based on a Clear and Unmistakable Error (CUE). CUE is a specific and rare kind of error. To prove CUE, you must show that facts, known at the time, were not before the judge or that the judge incorrectly applied the law as it existed at the time. It must be undebatable that an error occurred and that this error changed the outcome of your case. Misinterpretation of the facts or a failure by VA to meet its Duty to Assist are not sufficient reasons to revise a decision. Please seek guidance from a qualified representative, as you can only request CUE once per decision.

#### Mail to:

Or, fax:

1-844-678-8979

Board of Veterans' Appeals PO Box 27063

Washington, DC 20038